

SOOD *Sandesh*

सूद सन्देश

SOOD BHAWAN

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Ph.: 0172-2663408, 4678781

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SOOD BHAWAN

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**Inauguration of Blood Donation Camp organised by
Sood Sabha & Indian Dental Association, Mohali.**

• Sood Sandesh ₹ 500/-
(Membership for ten years)

• April to June 2022 Vol. 108

• Matrimonial : ₹ 100/-

Sood Sabha Organised Blood Donation Camp



SOOD SANDESH



Editorial

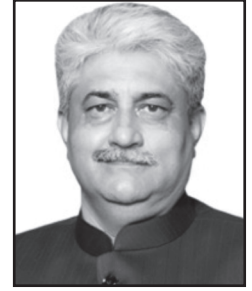
Sudhir Kumar Sood

Atul Sood

Kalika Sood

Sachin Sood

APR-JUN 2022



Atul Sood

Editorial

"Some editors are failed writers, but so are most writers."

In agreement with the above quote, I find writing as the most valuable literary expression. The inculcation of passion for creative thinking and writing amongst the Sood Biradari is one of the major objectives set by our predecessors.

Time flies. Another issue of our quarterly magazine is on the roll. Working as an editor was like being a professional reader, and the better I became at reading the better I became at writing. Our authors have put across some amazing pieces of writing displaying their creative thinking and writing skills. The works included in this edition are extremely simple but will surely provide an opportunity to peep into a writer's thought process and his or her axiomatic creative thinking. It is actually a lovely experience to see these enthusiastic writers voicing their feeling through articles, poems and initiating an adult role through various eye opening discussions.

Sood Sandesh mirrors our Sood Community and highlights its Aims, Objectives, Events, Activities and Achievements. In this edition, we have tried to capture this month's excitement and activities. Our magazine encourages us and provides a platform to express our creativity.

I am thankful to all our esteemed writers who have responded to our call and penned down their ideas for our magazine.

Finally, from the entire team of Sood Sandesh, I wish all the readers a **HAPPY READING!**

एक लघु कथा

“पता लगा आपको, बेचारे शर्मा जी के साथ तो बहुत बुरा हुआ। श्रीमती शर्मा जी का तो रो-रोकर बुरा हाल है।”

“क्यों, ऐसा क्या हो गया उनके साथ” मैंने चौंककर पूछा।

“एक ही तो बेटा था उनका, हाथ से निकल गया।”

“उनका बेटा तो आस्ट्रेलिया में पढ़ रहा था और सुना है वहीं उसे बहुत अच्छी नौकरी भी मिल गई है। आजकल आया हुआ है।”



डा. कविता सूद

“हां, यही तो। माता-पिता अपनी सारी पूंजी लगाकर बच्चों को दूर देश भेजते हैं कि अच्छे पढ़-लिख जायें और कुछ बनें। किन्तु आजकल के बच्चे, एक बार घर से निकलते हैं तो बस मां-बाप को तो भूल ही जाते हैं। शर्मा जी ने सोचा था कि अपनी पढ़ाई पूरी करके लौटकर अपना पैतृक व्यवसाय सभालेगा। उनके बुढ़ापे का सहारा बनेगा। लेकिन उसने साफ कह दिया कि वह तो अब आस्ट्रेलिया में ही सैटल होना चाहता है। उसे वहां बहुत अच्छी नौकरी मिल गई है। और वहीं शादी करेगा। और आप भी मेरे साथ चलिए। लेकिन यह सब कहां मुमकिन है। इतना बड़ा पैतृक घर है, पीढ़ियों से चला आ रहा व्यवसाय है। कैसे जा सकते हैं छोड़कर।”

“पता नहीं आजकल के बच्चों को क्या होता जा रहा है, मां-बाप की तो जरा नहीं सोचते जिन्होंने पाल-पोसकर बड़ा किया, पढ़ाया-लिखाया।”

मैं असमंजस में थी कि क्या कहूँ।

“लेकिन शर्मा जी की तो हार्डवेयर की दुकान है न। और बेटा तो बहुत सालों से बाहर ही पढ़ रहा था।”

“जी हां, पहले तो उसे दिल्ली पढ़ाया। फिर आगे की पढ़ाई के लिए उसे इतना पैसा खर्च करके आस्ट्रेलिया भेजा। पांच-छः साल हो गये उसे वहां। कम्प्यूटर इंजीनियर है शायद। अब कहता है वहीं रहेगा। आप ही बताइये आजकल के बच्चे मां-बाप के बारे में जरा भी नहीं सोचते।”

अब मुझे बोलना ही पड़ा “हमारी पीढ़ी की आदत ही हो गई है बच्चों को बुरा समझने की। सदैव बच्चे ही गलत नहीं होते। इसमें बेटे की गलती कहां है? गलती तो मां-बाप की है। शुरु से घर से बाहर पढ़ाते रहे। इतने सालों से मेहतन करके वो इंजीनियर बना, अब क्या वो हार्डवेयर का काम कर सकेगा? वो जब भी छुट्टी आता था उसे कभी दुकान पर साथ नहीं बैठाया। अब अचानक वह कैसे बदल जायेगा? जिस राह हम स्वयं ही बच्चों को भेज देते हैं, फिर अचानक लौटने के लिए कहने लगते हैं, कहां मुमकिन होता है उनके लिए। अपनी इतनी पढ़ाई को वो कैसे छोड़कर लौट सकता है? फिर भी हर साल मिलने आता है और माता-पिता से दूर नहीं जा रहा है, उन्हें साथ चलने के लिए कह रहा है। क्यों और कैसे गलत है वो?”

आखिर क्यों हम हर बार बच्चों को ही दोषी मान लेते हैं, क्यों अपने ही दिये गये मार्गदर्शन के बारे में खुलकर विचार नहीं करते?

हरिराम जी अचानक ही चुप हो गये, कि बात तो किसी हद तक ठीक है। उनके पास मेरी बात का कोई उत्तर नहीं था।

Charu did it again

Charu Sood, has retained her Councilor's seat again in the Elmbridge Borough Council in England in the recent local elections in May 2022. The win was even special as she has been one of the star candidates for the Local Conservatives in Elmbridge and one of the very few people who managed to retain their seats. In recognition of her good work, she is elected to the post of Deputy Mayor of Elmbridge. Charu is very well known and respected community leader both within the Council as well as with the local community. At the Borough, she has served on the Planning Committee, Climate advisory Board and Licensing Committees. She has also been the Shadow Cabinet Member for Environment and for Community and Social Affairs. Locally, Charu started 'Weybridge in Bloom' in 2018 a local community initiative to encourage civic pride in Weybridge (U.K.) and has organized numerous community events and activities such as litter picking, bulb planting, sunflower competitions, local fayers and cleaning drives etc.



This is a great honour for a Sood girl and a rare distinction for Sood Community in a foreign land. Sood Biradari is proud of her achievement, as she has brought laurels to the entire Sood Biradari.

Chandigarh born, Charu is a daughter of Mr. Shashi Bhushan Sud, who is a well known person and held various positions in Sood Sabha Chandigarh. Her mother Mrs. Kiran Sud is a home maker. Charu is married to Mr. Saurabh Sood son of Mrs. Rakha & Mr. Virender Sood of Chandigarh. Charu is a mother of three school going daughters and supports her husband in his company as a director and is responsible for HR and recruitment activities.

An active politician and a key member of the local Conservatives Organisation in Weybridge, Charu is a member of Management Committee for Runnymede and Weybridge Conservative Association. Currently, she is also the Chairperson of the Runnymede and Weybridge Conservative Woman Organisation and actively encourages women to participate in public life.

Sood Biradari wishes her success in the times to come.

कुछ तो खो गया है

लालसा थी पहले बच्चे होने की, फिर बदल गई उनके जवान होने की।
अब न जाने तन्हाई क्यों तरसाती है, वो बचपन की यादें क्यों रूलाती है।
अब गोद उन्हे उठाने को तरसाती है, छुनछुने की आवाज बुलाती है।
क्यूकि मेरे बच्चे जवान हो गये है।
अब रिमोट के लिये कोई झगड़ा नहीं, अब रोने मनाने की आवाजें नहीं।
कन्धों पर उठाना, बाजार से आईक्रीम खिलाना।
गोदी में चुपचाप सो जाना, हाथों से खाना खिलाना।
सब कुछ सिमट गया है, यादों में खो गया है।
क्यूकि मेरे बच्चे जवान हो गये है।
दादी की कहानियाँ, वो तुतलाना और प्यार से मान जाना,
पल में रो देना, पल में हंस देना रातों को उठ-उठ कर रजाई उड़ाना,
वो खिलौनों से भरा घर, वो रोज नई फरमाईश।
वो नई साईकल सिखाना सब न जाने कहाँ खो गया।
क्यूकि मेरे बच्चे जवान हो गये है।



मूनीष सूद

QUALITIES OF LIFE

Are you filled with pride?	It will always bring divide
Don't you see you've lost	And know not the cost?
Humility is what heals	The soul that pride steals
Rather than take a bow	Deflects all praise somehow
While love connects us all	That in pride we don't fall
Declares the truth out loud	To those who would be proud
Pride, humility and love	To whoever calls will come
Just be careful of which one	Ruled your life when it's done.



Rashi Sood

सुविचार

किन्हीं से बदला लेने का नहीं अपितु स्वयं को बदल डालने का विचार ज्यादा श्रेष्ठ है। महत्वपूर्ण ये नहीं कि दूसरे आपको गलत कहते हैं अपितु यह है कि आप गलत नहीं करते हैं। बदले की आग दूसरों को कम, और स्वयं को ज्यादा जलाती है। बदले की आग उस मशाल की तरह है जिसे दूसरों को बचाक करने से पहले स्वयं को बचाक लेना पड़ता है। इसलिए सहनशीलता के शीतल जल से जितना जल्दी हो सके इस आग को भड़कने से रोकना ही बुद्धिमत्ता है। बदले की भावना केवल आपके समय को ही नहीं नष्ट करती अपितु आपके स्वास्थ्य को भी नष्ट कर जाती है। अतः प्रयास करके मनो मगन बदला लेने का नहीं अपितु स्वयं को बदल डालने का।



राधिका सूद

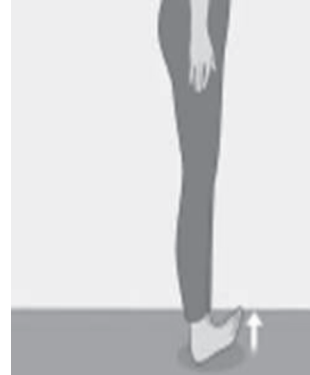
Toe-Raise Exercise- Improves balance after 40

Blood flow will be better.....

Doing 2 to 3 sets of toe exercises atleast in a week improves body balance after the age of 40. Leg muscles become strong and this also increases blood flow to the heart.

How to do toe raise exercise:

- Stand straight on the floor
- Now slowly raise the toes of both feet, only heels should remain on the floor.
- Wait for 3 to 5 seconds.
- Repeat 15-20 times.



Benefits:

- ✓ Reduces risk of knee injury...strengthening of muscles-The tibialis muscle, found on the upper side of the calf, helps in raising the toes. The stronger these muscles are the lesser chance of injury to the knee and ankle will be there.
- ✓ Increased blood flow to the heart...The vessels around the feet and the ankles have difficulty in sending the blood back by gravity and away from the heart. Toe raising exercise also strengthens these muscles.

- Radhika Sood

“Activities of Sood Sabha Chandigarh”

- ➔ Sood Sabha Chandigarh in association with Indian Dental Association, Mohali Branch, organized a Blood Donation Camp at Sood Bhawan Chandigarh. Medical team from Govt. Medical College & Hospital Sector-32 collected 98 unit of blood.
- ➔ Sood Sabha Chandigarh organized a Health Awareness Talk on Cardiac Diseases & Life Style Management by Dr. Ankur Ahuja Fortis Hospital on 15th May 2022 at Sood Bhawan Panchkula.
- ➔ Sood Sewa Bhawan Trust Chandigarh under the aegis of Sood Sabha Chandigarh contributed an amount of Rs. 50000/- for kidney transplant of a needy person.
- ➔ Sood Sewa Bhawan Trust Chandigarh contributed an amount of Rs. 22000/- for the Cataract operation of both eyes of a poor patient.
- ➔ Regular Bhandara is being organized by Sood Sewa Bhawan Trust on every 2nd and 4th Saturday of the month. In this series Bhandaras were conducted on 25th June, 9th & 23rd July 2022 at Chandigarh & Panchkula.
- ➔ Charitable Allopathic Dispensary started functioning at Panchkula Bhawan too. Dr. Kavita Kalia, MBBS has taken the responsibility of providing free consultancy.

BEREAVEMENTS



Prof. S.C. Sood of Dharamshala left for his heavenly abode on 17 May 2022. He is survived by his wife and a well settled family



Smt. Nirmala Sood wife of Sh. Narender Chand left for her heavenly abode on 20th May, 2022 at the age of 84, at Chandigarh. She was a noble, pious and lady of strong will power. She left behind well settled families of two sons Sanjay and Atul Sood. Sh. Atul Sood is presently the Secretary of our Sood Sabha Chandigarh.



Smt. Sushila Gagal wife of Sh. Basant Lal Gagal of Datt Nagar (Rampur) Distt. Shimla left for her heavenly abode on 25th may 2022. She left behind a well settled family



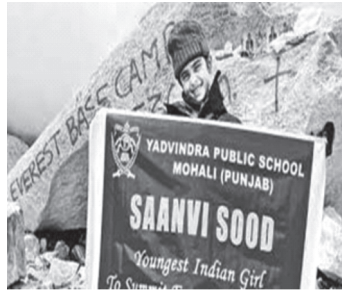
छपते-छपते :

Smt. Raman Sood wife of Sh. Shanti Nath Sood and Mother of Sh. Arun Sood President BJP unit, Chandigarh passed away on 25th July 2022.

Sood Sabha Chandigarh prays to Almighty to bestow peace to the departed souls and give strength to the bereaved families to bear the great loss.

Emerging Star

Saanvi Sood a 7 year old student of Class- II of Yadvindra Public School, Mohali (Punjab) has brought laurels to our country and to the entire Sood Biradari, by becoming the youngest Indian girl to Scale MOUNT EVEREST BASE CAMP (5364 MTR) on 9th June 2022 after trekking for 9 days. She managed to complete this expedition inspite of risky tracks, low oxygen level and extreme weather conditions. Moreover, with untiring hard work, determination, this tiny girl has succeeded in climbing the highest peak of Africa namely Kilimanjaro (5895 Mtrs.) recently. She is the youngest Asian girl who has climbed this peak. It is another feather in her cap.



Apart from this, at the age of six she cycled covering 35 kms in 4 hour. Her hobbies include Mountaineering, Trekking, Skating, Cycling, Martial Art, Karate and Painting etc.

She is the elder daughter of Mrs. Geetika and Mr. Deepak Sood. She wants to promote awareness amongst the youth to remain fit and healthy.

Hats off and congratulations to our young achiever. Entire Sood Biradari wishes her success and best wishes in the times to come.

Congratulations

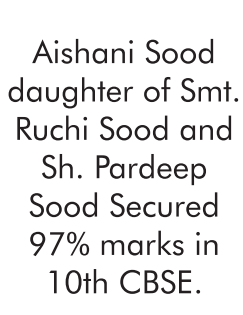
OUR KIDS MADE US PROUD



Neeti Sood
daughter of Smt.
Monika Sood and
Sh. Mukesh Sood
passed C.A. final
exam in her first
attempt.



Aditya Sood
son of Smt.
Namrata Sood
and Sh. Munish
Sood Secured
93% marks in
10th CBSE.



Aishani Sood
daughter of Smt.
Ruchi Sood and
Sh. Pardeep
Sood Secured
97% marks in
10th CBSE.



Ryan Sood
Nephew of Sh.
Sunil Sood
Secured 94%
marks in 12th
CBSE.



Matrimonials

IMPORTANT :-

Membership for Sood Sandesh: Rs. 500/- (for 10 years)

For Matrimonial Adv. in Sood Sandesh/Website : Rs. 600/- (Includes membership of Sood Sandesh)
Amount can be deposited in any branch of Union Bank Of India, in “**Sood Sabha Chandigarh**”
Account number : 499602010001921 IFSC Code : UBIN0549967 or send demand draft drawn in
favour of “**Sood Sabha Chandigarh**”.

To enable us to serve you better, please note the following:-

- (1) The advertisement is published in three consecutive issues only. Please contact directly the concerned party.
- (2) As and when a match is settled, please inform us immediately so that the adv. is withdrawn. This is Important.

ADVICE : These matrimonials are published on the basis of information given by the families of the boy/girl. Please make necessary enquiries before settling the alliance. Sood Sabha does not take any responsibility regarding correctness of the particulars.

Brides Wanted

7563 – Suitable match for Sood (Chimra) boy, DOB: 28/04/1996 (6:25 AM), Rajgarh. Ht.5'5" BBA, Accounting and Taxation. Self owned shop. 98059 70707, 94187 51205.

7564 – Suitable match for Sood (Kashyap) boy, DOB:5/04/87, Ht. 5'11" IHM and MBA Tourism. Owner of Amantran Guest House. Monthly income Rs. 40000/- 94184 81293.

7565 – Suitable match for Sood (Salhar) boy, DOB: 21/01/1991 (9.16 AM), Ht. 5'7" B.A. B.Sc (IT). Businessman. 94172 60360, 95170 00398.

7566 – Suitable match for Sood (Dhoop) boy, DOB: 23/09/1992, Ht. 6' B.Com. Business Owner. 94786 60520, 96464 68287.

7568 – Suitable match for Sood (Chimra) divorcee boy, DOB: 24/07/1991, Ht. 5'6" B.Tech from IIT Kanpur. Chief Marketing Officer. Monthly Income Rs. 50,000/- Income from other sources Rs. 30,000/- 94597 00520. sateekshan.sood@gmail.com.

7569 – Suitable match for Sood (Gopal) boy, D.O.B 16/09/1991 (12 AM, Chandigarh), Ht. 5'10" M.Tech in Computer Science & Engineering. Currently working as Professor. Monthly income Rs. 40,000/- Required educated girl. Preference Punjab, Chandigarh & NRI. 85578 15253, 98143 78659. lalitsood6@gmail.com

7570 – Suitable match for Sood (Majarh) boy, DOB: 28/02/1996 (Amritsar), residence at Ludhiana, Ht. 6'1" B.Tech (Computer Science). Software Engineer in American company. Annual package Rs. 12 lacs. 98724 24818, 97799 51957. arhms1957@rediffmail.com.

7571 – Suitable match for Sood (Dukhi) boy, DOB: 2/02/1994, Ht. 5'8" CA, B.Com. Chartered Accountant. Monthly income Rs. 50,000/- Income from other sources Rs. 38,000/-. Father is businessman. 72061 11732.

7572 – Suitable match for Sood manglik boy, DOB: 06/07/1993 (Ludhiana), Ht. 5'6" M.A. Own business. 81460 08711. soodanil19@gmail.com

7573 – Suitable match for Sood (Banta) boy, DOB:28/10/1990 (1:20 PM, Yamuna Nagar, Haryana), Ht. 5'5" Diploma in Electrical Engineering. Businessman. Annual Income Rs. 3 to 4 Lakh. 90506 44146, 73494 98912, 93556 86364. abhinavsood217@gmail.com.

7574 – Suitable match for Sood (Garg) boy, DOB: 7/03/1993 (1:22 PM), Ht. 5'7" M.A. (Economics) from H.P. University. Owner of Grocery Shop. Monthly Income Rs. 1.50 lakh. 85808 00988, 70182 99026. sauravkiller07@yahoo.com.

7575 – Suitable match for Sood (Garg) boy, DOB: 21/05/1991 (2:10 PM), Ht. 5'4" B.Tech (Computer Science) from NIT Hamirpur. Senior Engineer. Monthly Income Rs. 3.80Lakh. 70182 99026, 85808 00988.

7576 – Suitable match for Sood (Goel) boy, DOB: 29/12/1993 (11:33 PM, Hoshiarpur), home town (Palampur, Himachal Pradesh), Ht. 5'11" Working as Software Engineer in IT company in Gurgaon. 94183 74624. kanchansud29@gmail.com

7577 – Suitable match for well settled US citizen, Pharmacist Sood boy born in 1971, Ht. 5'7" Going through divorce which is expected to be over in a couple months. Only preference is an educated simple girl. USA WhatsApp +1630-901-9133.

7578 – Suitable match for Sood (Kuthiala) boy, DOB: 22/01/1992 (09:07 PM, Solan). Ht.5'9" B.A,LLB (Hons). Working in Deloitte as M/A Consultant. Annual Package Rs. 12 Lakh. 98160 88136, 98160 88136.

7579 – Suitable match for Sood (Goyal) boy, DOB: 29/01/1989, Ht. 5'8" B.Tech from Chitkara University. Patwari. Monthly income Rs. 22,500/-. Preference for Himachali girl. 98171 80819.

7580 – Suitable match for Sood (khatri) boy. DOB: 11/10/1992(12:16pm, Rajpura).Ht. 6'0". MCA. Own business. Preference for educated girl. 8437025648, 9855025648 itsdiskshitsood@gmail.com

7581 – Suitable match for Sood (Bandal) boy, DOB: 09/02/1993. Ht. 5'11". B. Com, MBA. Working as a Manager in Multinational Bank at Chandigarh. Annual income Rs. 15,75,000 per annum.. Preference for working Himachali girl. Family from Palampur. 9418633005 asood0335@gmail.com

7582 – Suitable match for Sood (Blagan) boy, DOB:07/10/1994 Ht. 5'8" M.Com. Manager. 94112 65481.

7583 – Suitable match for Sood (Aeil) boy, DOB:24/09/1986, Ht. 5'11" MBA in Retail from IBA Bangalore, B.Com from Ropar. Business owner. Monthly income Rs. 100,000/- Preference for Sood girl from Himachal. 95015 55991

7584 – Suitable match for Sood boy, DOB: 04/12/1978 (00:31 AM, Sirhind), Residence Ludhiana (Punjab). M.Com. Businessman. 73559 31385, 98031 14585. jatinssood@yahoo.com

7585 – Suitable match for Sood (Dusajh) boy, DOB: 30/08/1995 (07:37 PM, Panchkula), Ht. 5'8" BCM from Sr. Sec. Public School. Graduate. Businessman. 94172 93942, 79735 34362.

7586 – Suitable match for Sood (Bhardwaj) boy, DOB: 29/01/1988, Ht. 5'10" Masters in Pharmacy, MBA, One year Diploma in Shorthand and English Typing. Senior Executive in Pharmaceutical Manufacturing Company. Monthly income Rs. 73,000/- 70187 22033, 70189 29408.

7587 – Suitable match for Sood manglik (Duli) boy, DOB: 09/07/1987 (Ludhiana), Ht. 5'8" M.A, B.Ed. Self-employed. 95015 87008, 98030 73991.

7588 – Suitable match for Sood (Gondal) boy, DOB: 25/05/1976, Ht. 5'9" B.Com. Own business. Yearly income Rs. 30 lakhs. 92167 25000.

7589 – Suitable match for Sood Bhagra (Garg) boy, DOB: 25/01/1987, Ht. 5'7" MBA from PTU. 98157 95140.

7590 – Suitable match for Sood (Badhak) boy, DOB: 30/11/1986, Ht. 5'9" LLB from Panjab University. 95223 01110.

7591 – Suitable match for Sood boy, DOB: 11/12/1990 (9:35 AM, Ludhiana), Ht. 6'2" MBA, (IBM). Area Sales Manager (Trip Jack Pvt Ltd). Monthly Income Rs. 45,000/- Income from other sources Rs. 20,000/- 70091 93631, 83601 87300.

7592 – Suitable match for Sood (Goyal) boy, DOB: 05/08/1990, Ht. 5'11" B.Tech in ECE from PTU. Owner of IT Company in Mohali. Monthly income Rs. 1,00,000/- 98151 22973, 93561 51999.

7593 – Suitable match for Sood (Beri) boy, DOB: 18/05/1995, Ht. 5'10" 10+2, International Kabadi player. 98151 53046, 98151 16020, 88470 37464.

7594 – Suitable match for Sood divorcee (Goel) boy, DOB: 21/10/1990, Ht. 5'6" BALLB (H) from Panjab University. Advocate. Monthly Income in five figures. 98162 21000.

7595 – Suitable match for Sood (Agal) boy, DOB: 22/09/1992, Ht. 5'8" B.Tech from PTU. Assistant in LIC of India. Monthly income Rs. 35,000/- (approx). 78886 32213, 90417 84494.

7596 – Suitable match for Sood (Dosaj) boy, DOB: 29/03/1993, Ht. 5'10" MBA in Finance. B.Tech from Panjab University. Job in Chandigarh. Annual Income Rs. 6 Lakhs. Income from other sources Rs. 4 Lakhs. 98724 21405.

7597 – Suitable match for Sood (Gajri) boy, DOB: 13/10/1989, Ht. 5'10" B.Tech, MBA. Manager in MNC Mumbai. Income Rs. 28 to 30 Lakh LPA. 98880 80508.

7598 – Suitable match for Sood manglik (Ugal) boy, DOB: 23/08/1992, Ht. 5'8" B.Pharma. Canada PR. 94638 17228.

7599 – Suitable match for Sood (Ugal) boy, DOB: 25/03/1994, Ht. 5'10" B.Tech. NewZealand Work Permit. 94638 17228.

7600 – Suitable match for Sood (Ugal) boy, DOB: 21/04/1994, Ht. 5'9" M.Com. Private job. 94638 17228.

7601 – Suitable match for Sood (Kashyap) boy, DOB: 22/05/1982, Ht. 5'6" Director Flexinet Solution. 98059 96899.

7602 – Suitable match for Sood (Chimra) boy, DOB: 26/09/1991(Solan). Ht. 5'9". B. Tech from (HPU), MBA (Narsee Monjee Mumbai). Currently working in MNC, Bangalore. Monthly income Rs. 1 lakh. 9816110624, 7018684124.

7603 – Suitable match for Sood ((Tukhi) boy, DOB: 19/10/1992, Ht.5'11" Bachelor in Commerce from Panjab University. DM in HDFC Bank. Annual income Rs. 3.15 lakhs. 94180 92526, 98822 40400.

7604 – Suitable match for Sood (Ugal) boy, DOB: 25/02/1984, Ht. 5'8" 10+2. Private Job. Monthly Income Rs. 10,000/- 90234 75715.

7605 – Suitable match for Sood Galib (Kuthiala) boy, DOB: 27/11/1997, Ht. 5'8" M.Pharmacy (Pharmaceutics). Monthly income Rs. 55,000/- Preference for working girl. 80544 58075, 98722 71575.

7606 – Suitable match for Sood (Karol) boy, DOB: 13/01/1996, Ht. 5'8" B.E from D.A.V, Jalandhar. Businessman. Monthly income in six figures. Preference for teacher. 62809 52499, 95426 99000.

7607 – Suitable match for Sood (Varnwal) boy, DOB: 21/02/1989, Ht. 6'1" Degree in Visual Communication Design from Delhi University. Product designer / UX designer. Monthly income Rs. 1.25 lakhs. Settled in Ghaziabad. Preference for working girl. 70873 88028.

7608 – Suitable match for Sood (Chimra) boy, DOB: 26/01/1996, Ht. 5'7" B.Tech (Computer Science). Working as a Software Engineer. Prefer working IT background girl. 88941 25885, 70188 16843.

7609 – Suitable match for Sood (Phassi) boy, DOB: 15/05/1990, Ht. 5'10" B.Tech from NIT Surthkal (Karnatka). 99698 58838.

7610 – Suitable match for Sood (Doger) boy, DOB: 31/03/1991 (01:58 PM, Nangal), Ht. 5'5" Self employed (Businessman). Preference for Himachali Sood girl. 98153 97009, 95696 71609. Aartisood0187@gmail.com

7611 – Suitable match for Sood (Bhagra) boy, DOB:05/02/1992, Ht.5'6" MBA. Own business. Monthly income in 6 digits. 94180 24066, 98164 22272

7612 – Suitable match for Sood (Garg) boy, DOB: 23/12/1991, Ht. 6'3" Engineering from BITS Pilani. MS Georgia Tech University (USA). Bridge Designing Engineer. Monthly Income -USD 8,000. 88948 24916, 94180 71216, 01782-271216.

7613 – Suitable match for Sood (Borri) boy, DOB: 02/3/1990, Ht. 5'7" BCA, MCA (Thapar University), Patiala, PGDCA. Software engineer, working in Chandigarh. 99882 45248, 98881 62151.

7614 – Suitable match for Sood (Gaggal) boy, DOB: 09/10/1990 (2:45A M, Shimla), Ht.5'10" MBA from Chandigarh. Own business (Hotelier). Monthly income in six figures. Preference for an educated Himachali homely girl. 98160 48111.

7615 – Suitable match for Sood boy, DOB: 15/03/1992 (11.15 AM, Ropar), Ht. 5'9" +2, Diploma in Mechanical Engineering. Working as a Senior Technician in Nalagarh (HP). 94684 35374, 87250 34803.

7616 – Suitable match for Sood (Gajri) boy DOB 30.09.1993 (4:35 PM, Jalandhar), Ht. 5'7" MCA, PGDBDA. Central government employee, MNC Noida as project engineer. Income Rs. 4 lakh pa. Own flat in Noida. Father mother retired gazetted officer (Punjab govt). Mob: 98884 56082, 98880 76938.

7617 – Suitable match for Sood (Saluria) boy. DOB: 23/06/1991(9:30am, Hoshiarpur).Ht. 165cm. M. Tech, IT professional. Working MNC. 0941780024.

7618 – Suitable match for Sood (Mazar) manglik boy. DOB: 20/11/1990. Ht. 6'1". B.B.A. Sr. Analyst in MNC, Gurgaon. Income Rs. 12 to 15 Lakhs pa. 9878750542, 7009815797.

7619 – Suitable match for Sood (Kuthiala) boy. DOB: 21/11/1990. Ht. 5'7". MCA. Working in News Channel as IT Engineer. Preference for educated, from Himachali Sood family girl. 9999500998, 9167062669. r.gopalsood@gmail.com.

7620 – Suitable match for Sood (Chaujjar) boy. DOB: 29/03/1994(08:01a.m, Shimla).Ht. 5'8". Post Graduation, MBA in international Business and Marketing. Businessman and Orchardist. Income Rs. 25 to 20 Lakhs pa. 9816027227, 9805476296.

7621 – Suitable match for Sood (Kaushal) boy, DOB: 09/10/1994(6:04pm) HP.

7622 – Suitable match for Sood (Beri) divorcee boy. DOB: 07/02/1979. Ht. 5'10". M.Sc. Finance. Manager. 8699204744, 9888085110.

7623 – Suitable match for Sood (Chimra) boy. DOB: 17/06/1992. Ht. 5'6.5". MBA in Finance from Chandigarh University. Assistant Manager in Pvt. Bank, Panchkula. Monthly income Rs. 40000/-. Preference for Himachali and working girl in Chandigarh. 9418842755, 9436740232

7624 – Suitable match for Sood Manglik (Mahindra) boy. DOB: 21/04/1994 (3:27pm, Saharangpur, UP. Ht. 6'0". B. Tech in Mechanical engineering. Working in automobile industry, in Mohali. Current city Zirakpur. 917983435566, 9528353996 madhursood94@gmail.com

7626 – Suitable match for Sood (Gach) boy. DOB: 20/11/1997(4:20pm, Moga, Pb). Ht. 5'11". B. Com (Hons), Pb. University Chandigarh, MBA from Canada. Office Manager on work permit in Surrey Canada. Monthly income Rs. 2 lakhs plus. Preference for educated homely girl. 9988030407

7627 – Suitable match for Sood (Ogal) boy. DOB:21/11/1995 (Ludhiana). Ht. 5'4". B. Com, MBA. Own business. 9872304422. sagarsood@icloud.com

7628 – Suitable match for Sood (Doosanjh) boy. DOB: 10/09/1994. Ht. 5'7.5". B. Tech. Working as 4th Engineer / Merchant Navy. Monthly income Rs. 2 lakhs. Preference for working girl. 9816346111, 9459133999

7629 – Suitable match for Sood (Bandhal) boy. DOB: 08/10/1989 (7:50am, Joginder Nagar, Himachal Pradesh). Ht. 5'7". B. Com from Delhi University and cleared CA final first group. Working as a Senior Finance Analyst in one of the IT companies in Noida. 9816933699, 9418145008, 9833940413. sparksood18libra@gmail.com

7630 – Suitable match Sood (Karol) boy. DOB: 28/04/1994. Ht. 5'6" B. Tech (Mech. Engg.) from Baddi University. Working with Thermax Ltd. from past 6 years. (Currently settled in Delhi, Parents in Shimla). Salary 7-7.5 LPA. 9459001000

7631 – Suitable match for Sood (Gagal). DOB: 05/09/1990 (11:25am Yamuna Nagar, Haryana). Ht. 5'3". 12th. Diploma in Computer Software. Own business. 9466610270, 9896054942. Anjalisood21@gmail.com

7632 – Suitable match for Sood (Dadan) boy. DOB: 17/11/1997(4:51pm, Khanna). Ht. 6". MBBS from Maharishi Markandeshwar University, Mullana. He is a Doctor. Monthly income Rs. 90000/-. Preference for a Doctor girl. 7895341441, 9897004795

7633 – Suitable match for Sood (Salan) boy. DOB: 01/06/1994. Ht. 5'5". B. Tech from M.D. University Rohtak. Working in Chandigarh. 9813601330

7634 – Suitable match for Sood (Bandhal) vegetarian boy. DOB: 20/05/1990 (Hoshiarpur). Ht. 5'7". B. Tech (Hons.) and MBA in IT. Working as Senior Technical Lead in US based MNC. Income 22+ LPA. Preference well qualified working girl. 9023234459, 9464931722. Sumitsood.sood4@gmail.com

7635 – Suitable match for Sood (Jandal) boy. DOB: 21/12/1993(10:25pm, Ludhiana). Ht. 5'8". Undergraduate. Own business in Hoshiarpur. 9877153070, 9872983508

7636 – Suitable match for Sood (Goyal) boy. DOB: 29/04/1995(9:40pm, Shimla). Ht. 5'8". B. Tech (Mechanical) and MBA (Sales + Marketing) from India's top most institute. Currently working at a managerial position in India's topmost company. Preference for a well-qualified girl. 9829404987

7637 – Suitable match for Sood (Vasal) boy. DOB: 30/07/1990(4:12am, Thural). Ht. 5'5". B. Tech (IT) and M. Tech (CSE). Working as a deputy manager in VOIS Pune. Income 14 PLA. 9816119206, 9736223838

7638 – Suitable match for Sood (Beri) boy. DOB: 18/04/1995. Ht. 5'9". B. Tech (IT) and MBA Finance from NMIMS, MUMBAI. Currently working at Klarna Stockholm. Sweden Salary 570000 SEK (Rs. 4500000/-)per annum pension. Preference for specially B. Tech MBA girl. 9415010946. avnishsood@gmail.com

7639 – Suitable match for Sood (Mayor). DOB: 22/06/1989. Ht. 6'. B.E, (AEEE) from P.U. and M. Tech electrical from Guru Nanak Engineer college Ludhiana. A.E Electrical PSPCL (S.D.O) Electricity Department Punjab Government, posted at Ludhiana. Monthly income Rs. 75000/-. Preference for teacher or Bank employee. 9878546904

7640 – Suitable match for Sood manglik (Dadan) boy. DOB: 30/11/1994 (2:30am Ludhiana). Ht. 5'11". Bachelors in Mechanical Engineering from Punjab Technical University Jalandhar, Punjab & Masters in Engineering Management from Central Queensland University, Melbourne, Australia. Working as an Engineering Fabricator in a Trailer Manufacturing company in Melbourne. Annual salary AUD\$78K. 9417434261

7641 – Suitable match for Sood (Baghla) boy. DOB: 24/01/1989 (8:39pm, Chandigarh). Ht. 5'7". B. Tech Electronics and Communication Engineering. Team Leader. Working with HCL Technologies Bangalore. CTC 15.5 LPA. 9350130317

Grooms Wanted

3357 – Suitable match for Sood (Gopal) girl, DOB: 30/10/1995, Ht. 5'6" M.Sc. (Mathematics), B.Ed. Maths teacher in private school. Father's own business. 94176 78443, 98883 90262.

3358 – Suitable match for Sood girl, DOB: 18/02/1996 (2.00 AM, Ludhiana), Ht. 5'1" Graduation. Diploma (DCA). Pursuing M.A (Hindi). Preferred good businessman or Government job. 98729 83508, 98771 53070. asshimasood3@gmail.com

3359 – Suitable match for Sood manglik (Banta) girl, DOB 19/03/1993 (3.10 AM, Shimla), Ht. 5'3" B.A. L.L.B from Delhi University & presently apprentice with Women High Court, Lawyer at Delhi. Father Central Govt. gazetted officer. 99531 16680, 96256 26611. rajeevsood.26@gmail.com

3360 – Suitable match for Sood (Dhoop) girl, DOB:11/05/1992 (09:50 PM, Amritsar), Ht.5' BDS from BFUHS. Preference of Dotor (same field) / businessman or government job. 98140 96021, 99148 00198.

3361 – Suitable match for Sood (Gagal) girl, DOB: 23/05/1995, Ht. 4'9" Negligible deformity in right foot. BBA from HP University. 97361 00468, 01792-222102

3362 – Suitable match for Sood (Phakkey) girl, DOB:10/10/1994 (7:30M, Sirhind), Ht. 5'2" BDS. Currently running her own clinic. 98882 32127. soodrakesh1990@gmail.com

3363 – Suitable match for Sood (Gajri) girl, DOB: 20/02/1998 (9:50 AM), Ht. 5'5" B.Sc. (Cosmetology) from Anaj Mandi, Jalandhar. Monthly Income Rs. 15000/- Preference for suitable settled boy. 98770 55546.

3366 – Suitable match for Sood Goel (Banta) divorcee girl, DOB: 31/12/1978. Masters in Commerce. Teacher in a reputed school in Baroda. 94273 01313. sm_goel@yahoo.com

3367 – Suitable match for Sood girl, DOB: 03/10/1989, Ht. 5'7" B.Tech. Father retired from Sate Bank of India. 70094 95869.

3368 – Suitable match for Sood (Mayor) girl, DOB: 24/12/1989, Ht. 5'6" CA Monthly income Rs. 1,40,000/- 97791 12414.

3369 – Suitable match for Sood Goel (Mehdudia) girl, DOB: 01/11/1993, Ht. 5'5" MBBS MD (Psychiatry) from IGMC Shimla (Final Year). Doctor. Monthly income Rs. 50,000/- 94180 48901.

3370 – Suitable match for Sood Bhagra (Garg) girl, DOB: 28/11/1984, Ht. 5'3" BDS from G.D. College, Amritsar. 98157 95140.

3371 – Suitable match for Sood (Chimra) girl, DOB: 08/08/1989, Ht. 5'9" BA Working at Concentrix. Monthly income Rs. 16,000/- 83601 30654.

3372 – Suitable match for Sood (Dosaj) girl, DOB: 03/03/1988, Ht. 5'2" B.Tech M.Tech from PTU. Job in Company at Zirakpur. 75080 64233.

3373 – Suitable match for Sood (Badhu) girl, DOB: 15/07/1988 (2.30 PM, Ambala), Ht. 5'4" B.Com from D.A.V College, M.Com from Panjab University. Coordinator in Frankfin Institute Chandigarh. Preference tricity. 99155 66052.

3374 – Suitable match for Sood (Kashyap) girl, DOB: 27/01/1993, Ht. 5'7" B.Tech (ECE) M.Tech (ECE). Service (Pvt Sector) Mohali. Annual income Rs. 5 lakhs. Preference for vegetarian and settled boy. 94185 00675.

3375 – Suitable match for Sood (Badhu) girl, DOB: 02/09/1992, Ht. 5'5" M.Com. 98776 15035.

3376 – Suitable match for Sood girl, DOB: 24/12/1989 (1.00 PM), Ht. 5'6" Master Diploma in Airline Hospitality Management. Working in Qatar Airways. 94180 92526.

3377 – Suitable match for Sood (Tukhi) girl, DOB: 03/08/1989 (2.30 AM, Shimla), Ht. 5'5" B.Sc (Nursing). Working as a Nursing tutor. Monthly income Rs. 16,000/- 94180 92526, 98822 40400.

3378 – Suitable match for Sood (Ugal) girl, DOB: 19/09/1991, Ht. 5'6" BA. Inspector in Punjab Police. Monthly income Rs. 70,000/- 97818 94594.

3379 – Suitable match for Sood (Gajri) girl, DOB: 20/02/1998, Ht. 5'4" B.Sc. in Cosmetology. Monthly income Rs 15,000/- 98770 55546, 99157 77839.

3380 – Suitable match for Sood (Dhoop) girl, DOB: 29/10/1994, Ht. 157 cm, BE from IGDTU Delhi. Senior Software Developer. Monthly income Rs. 75,000/- 80761 15177, 95600 18918.

3381 – Suitable match for Sood (Ugal) girl, DOB: 19/09/1991, Ht. 5'6" B.A. from Khalsa College, Chandigarh. Gold medallist in handball at State Level. Working as Inspector in Central Govt. Investigation Agency, Chandigarh. Annual Income Rs. 9 to 10 lakhs approx. 97818 94594.

3382 – Suitable match for Sood (Mayer) girl, DOB: 19/02/1981, Ht. 4'11" M.A in History. 99888 42467, 98146 98786.

3383 – Suitable match for Sood manglik girl, DOB: 11/09/1991 (7.34 PM, Moga), Ht. 5'5" BBA, MBA in International Business. Working in Ludhiana. 99145 33389.

3384 – Suitable match for Sood (Langa) Himachali girl, DOB: 08/07/1997, Ht. 5'7" B.Des in Fashion Design from NIFT, Mumbai, MA in Fashion Merchandising Management from Manchester Metropolitan University. Working as Merchandising Admin Assistant in UK. Annual Income Rs. 1.50 lakhs. Well settled family in Chandigarh, India. Preferably boy should be working in the UK. 94599 06666.

3386 – Suitable match for Sood (Mariaj) girl. DOB:30/11/1986. Ht. 5'2". MBBS, MD(Dermatology). Practicing at Shimla. 9816004600.

3388 – Suitable match for Sood (Chaujar) girl. DOB: 21/06/1989(6:00am, Shimla) Ht. 5'2". B.Com, M.Com and pursuing CA (at final level). Presently working in BIG 4 as Assistant Manager in Bangalore. 9418204805

3389 – Suitable match for Sood (Chab) girl. DOB: 04/05/1992 (9:50am, Ludhiana). Ht. 5'1". B. Com, CWA (inter). Presently working in consulting company in Gurugram. 9530996955

3390 – Suitable match for Sood (Goel) girl. DOB: 04/10/1997. Ht. 5'3". Graduate in Accessories Design from NIFT. Working in Grugan. Income 30K. 9818320817, 7807442585

3391 – Suitable match for Sood girl. DOB 17/02/1994(1:03pm, Palampur). Ht. 5'3". B. Tech. in IT from Amity University Noida. Working in MNC Gurugram. 9816543761, 9418835446

3392 – Suitable match for Sood (Chaujhar) girl. DOB: 15/03/1996 (16:20, Rupnagar). Ht. 5'2". B. Tech (ECE) from Punjab Engineering College Chandigarh. Currently working as Asst. Manager in Dubai. +971501152041, +91 7696585963

3393 – Suitable match for Sood (Beri) girl. 5'1". DOB: 14/06/1991(04:10pm, Sirsa Haryana). M. Tech (CS) IIT Dhanbad. Employed at Pune. Income 17+LPA. Presently working from home. Parents Central government employees. 09896390700, Raghavsood33@gmail.com

3394 – Suitable match for Sood (Mahdoodia) Manglik girl. DOB: 01/09/1992 (11:50 am, Shimla). Ht. 5'8". B. Tech (IT) from Chandigarh. PGDM in Project Management form Canada, PGDM in Cyber Security form Canada. Banker in Canada. Girl is permanent resident of Canada. Preference for a boy settled in Canada. Caste no bar. +91-9878881165

3395 – Suitable match for Sood (Nehra) divorcee girl. DOB: 21/06/1992 (8:10am). Ht. 5'5". Undergraduate. Cosmetologist. Not working. 8284987676

3396 – Suitable match for Sood girl. DOB: 27/09/1997(0.24am, Jaipur). Ht. 5'7". PGDM. Presently working in Gurugram. Preference for Himachali Sood boy. 9829650074. dineshsoodjpr@gmail.com

3397 – Suitable match for Sood divorcee (Udhed) girl. DOB: 19/12/1993 (20:15, Tran Taran). Ht. 5'2". MBA. Working MNC/ Govt. Executive in Metro City. Monthly income Rs. 60 K. 9914204020, 9914367336

3398 – Suitable match for Sood (Mehdoodia) girl. DOB: 28/01/1999. Ht. 5'5". B. Tech (Hons.) from Punjab University. Software Engineer. Monthly Income Rs. 50,000/- 9217970381

SOOD SANDESH

Members of Biradri are requested to send articles, write-ups, short stories and Poems in Hindi or English for publication in SOOD SANDESH.

Articles should be written neatly on one side of the paper. The writer should give in writing that the article has not been published in any magazine earlier and that it is his/her own original creation.

Langar Sewa by Sood Sewa Bhawan Trust



Sh. Kapil Dev Sood, Senior Advocate Shimla bagged many prizes in flower show arranged by Shimla Amateur Garden & Environment Society at Shimla.



Sood Sabha, Chandigarh organised a Health Awareness Talk on Cardiac Diseases & Life Style at Panchkula Bhawan on 15th May, 2022



Dr. Ankur Ahuja being welcomed.



Dr. Ankur Ahuja is addressing the audience.



Senior members of Sood Sabha with Dr. Ankur Ahuja.



Question Answer session.



Sh. Umesh Sood, President giving vote of thanks.